



LEGACY LEGENDS

SMALL GROUP ACTIVITY

5+ MINUTES

- Lead this quick cognitive warm up to build attention, nimbleness and self-awareness, as well as group connection.
- Select one of the TBH Legacy Legends cards. Share the name of the person described on the card with your class.
- Ask students to work together and list as many of the things that person was famous for, or their legacy, as quickly as they can.
- After a minute, share with the class the “legacy list” of the person named on the card.
- Select another TBH Legacy Legends card and repeat the activity. Continue with additional cards as time allows.
- When repeating this class, select different cards. Or ask students to take turns naming a famous person and have their classmates list the many things that person was famous for.
- Encourage distance learners to join in from home.

Hello! I’m glad we are all here for our Total Brain Health “Brain Play.” These fast-paced workouts are an important way we can keep our thinking focused, quick, and nimble.

Today’s Brain Play is “Legacy Legends.” I’ll share the name of a famous person. Then you’ll work together to list all that person was known for as well as some fun facts about that person we may know as well – a list of their legacy! We’ll have 1 minute to share that person’s “legacy list”, so we’ll have to work fast! When time is up, I’ll share the person’s “legacy list” from the card. It will be fun to see how many we come up with and compare. Then we’ll try again with another famous person. Ready?



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TAKE-HOME WORKSHEET

TOTAL BRAIN HEALTH BRAIN PLAYS

Art brings meaning to people's lives and serves as a cultural tool for self-reflection and reminiscing. More specifically, portraits have been a popular method of reflecting our legacy for the eyes of future generations.

BUILD YOUR BRAIN

Compare and contrast these 2 legacy portraits from famous artists. How are they similar? Different? What feelings do the artists leave you with? Which style of painting do you prefer?



Dorothea and Francesca; *Cecilia Beaux*



Two Sisters; *Pierre-Auguste Renoir*

The Art Institute of Chicago